

Angelos Leventis CV

1. Personal information:

- 1.1. Last name and first name: **Leventis Angelos**
- 1.2. Business Address: **38, Farantaton Str. 11527, Athens, Greece**
- 1.3. Tel: 0030 2107002075 (landline - answering machine)
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- 1.4. e-mail: **info@angelosleventis.gr**
- 1.5. website: <https://angelosleventis.gr>
- 1.6. date of birth: **21st January 1987**



2. General education:

- Sept.2012-Mar.2018 **Social Worker – BSc in Social Work (B.Sc 4 years - 240 ECTS)** Health and Social Care Department of Western Greece University
- Sept. 2018-June2020 **Master of Education in Special Education (M.Ed., 2 Years - 120 ECTS)** Joint Degree University of Nicosia - University of Patras

3. Training in psychotherapy - theory and methodology part:

- Oct. 2009 - Apr. 2013 “**Psychodrama, Group Dynamics, Role Theory, Sociometry and Group Psychotherapy**”, **760 training hours** by Athens Psychodrama Institute, Fepto Member. Trainers: Nena Vlassa, Psychologist & T.E.P (Trainer, Educator, Practitioner) in Psychodrama – Marcia Karp, T.E.P (Trainer, Educator, Practitioner) in Psychodrama
- Oct. 2017 - Feb. 2019 “**Sociometry, Psychodrama and Group Psychotherapy**”, **242 training hours** by Central of Athenian Psychodramatic Encounters, Fepto Membership Applicant (<https://psychodramath.gr/en/>) Trainer: Stylianos Lagarakis, MD, T.E.P (Trainer, Educator, Practitioner) in Psychodrama
- Jan.2020 - Dec. 2020 “**Basic principles in LGBTQI+ Counselling and Psychotherapy**”. **240 hours** by Orlando LGBT (<https://orlandolgbt.gr/>) Athens, Greece

- Feb. 2022 - Sept. 2022 **Eating Disorder & Fairburn model + CBT-E**, Theory & Therapy techniques. **72 hours** by University Research Institute of Mental Hygiene (EPIPSY) Athens, Greece <https://www.epipsi.gr/index.php>
- Feb 2023 - April 2024 **NeuroAffective Relational Model™ (NARM)**. **120 hours** by Narm Greece. Athens, Greece | <https://en.narm.gr>

4. Professional practice:

Total hours of practice as psychotherapist: **3300+ hours**

Seminars & Groups since 2012.

Individual Sessions since 2019.

Core Issues:

- Family / Relationship issues with parents, partner-husband, kids.
- Loss - unprocessed grief
- Low self-esteem / self-worth
- Anxiety disorders
- Eating disorders
- C-PTSD / Childhood trauma
- Gambling
- LGBTQI+

In Business Seminars trusted by: Novartis, AstraZeneca, EΛΠIEN, PeopleCert, MindEx

5. Summary (recapitulation):

5.1. Total hours of theory and methodology: **360 ECTS (6 years) + 1404 hours** in psychotherapy training

5.2. Total hours of practice as psychotherapist: **3300+ hours**

5.3. Total hours of supervision: **303,5h**

5.4. Total hours of personal psychotherapy: **456h**